

COMPOSITION

Probio™ R Capsule: Each capsule contains a probiotic combination of Lactobacillus acidophilus (NCFM) 5 Billion CFUs, Lactobacillus paracasei (LPC-37) 5 Billion CFUs, Bifidobacterium lactis (BI-04) 5 Billion CFUs and Bifidobacterium lactis (Bi-07) 5 Billion CFUs.

PHARMACOLOGY

Probio[™] **R** is a unique freeze-dried probiotic blend of Lactobacillus acidophilus (NCFM), Lactobacillus paracasei (LPC-37), Bifidobacterium lactis (BI-04) and Bifidobacterium lactis (Bi-07) that provide support to individuals who have high demands on their digestive tract or their immune system due to diarrhea, antibiotic use and stress. Extensive in vitro and in vivo studies support the health benefits of these strains. This probiotic combination has high tolerance to gastrointestinal conditions and strong adhesion to intestinal cell-lines. It has been found to restore and maintain microbiota after antibiotic use. Moreover, it also improves specific immune response.

INDICATION & USES

Probio[™] **R** is used to support digestive health in patients suffering from diarrhea. It restores gut flora and overcome gut discomfort in individuals on an antibiotic regimen. It also improves IBS (Irritable Bowel Syndrome) related abdominal pain and discomfort.

DOSAGE & ADMINISTRATION

1 capsule daily with meal or as directed by the Physician. In diarrhea and after antibiotic course the duration of the treatment should be 2-4 weeks and in IBS the duration should be 4-12 weeks. Children who are unable to swallow the capsule, the content of the capsule can be mixed with water, milk of normal temperature or any other suitable liquid to drink.

CONTRAINDICATION

It is contraindicated in those who are hypersensitive to any component of a probiotic-containing product.

ADVERSE EFFECTS

Generally safe for most of the people but some may feel stomach gas and bloating.

USE IN PREGNANCY & LACTATION

No harmful effect is reported during pregnancy. However, consuming probiotics regularly is a safe and effective measure that may help to prevent small digestive disorders and promote overall wellness.

DRUG INTERACTION

There is no known drug interaction.

STORAGE

Store below 25° C. Keep away from direct sunlight and moisture. To maintain optimum Shelf life & Potency, store in refrigerator. Keep the medicine out of the reach of children.

HOW SUPPLIED

Probio™ R Capsule: Each box contains 30 capsules in blister pack.

For more clinical information, please visit following links:

- 1. https://www.howaru.com/clinical-paper-restore-ii/
- 2. https://www.researchgate.net/publication/321668785

Manufactured by **SQUARE PHARMACEUTICALS LTD.** HERBAL DIVISION BSCIC, Pabna, Bangladesh www.squarepharma.com.bd

